1. CONTACT DERMATITIS
   - Poison Ivy
   - Poison Oak
   - Perfume
   - Lotion
   - Anything touching the skin
   - WASH THOROUGHLY WITH SOAP AND WATER

Wash off any dry powder or solid substances from the person’s skin. Use soapy water.

Source: American Heart Association. Heartsaver First Aid with CPR & AED
ALLERGIC REACTION

2. HIVES → RASH
   A. Remove the allergen
   B. Give ANTI–HISTAMINE
      ◦ Claritin
      ◦ Benadryl

Source: American Heart Association. Heartsaver First Aid with CPR & AED/Mosby EMT–Basic Field Care
SEVERE/LIFE–THREATENING ALLERGIES

- COMMON CAUSES:
  - Peanuts, medications, bee stings

- SYMPTOMS:
  - Trouble breathing
  - Tongue or mouth is swelling

EMERGENCY
IMMEDIATE MEDICAL RESPONSE REQUIRED

- Epi–pen

Figure 19. Using an epinephrine pen. A. Take off the safety cap. B. Press the tip of the pen hard against the side of the victim’s thigh.

Source: American Heart Association. Heartsaver First Aid with CPR & AED