SEIZURES

- Protect the head and neck so that the person does not sustain an injury.

- When the seizure stops, be sure to roll the victim while you support the victim’s head, neck, and body so that the head and neck are kept in line and do not twist, bend, or turn in any direction.

- Time the seizure if you can.

Source: American Heart Association. Heartsaver First Aid with CPR & AED.