STROKE

THE WARNING SIGNS OF STROKE:
1. Sudden, severe headache with no known cause
2. Sudden confusion, trouble speaking, or understanding
3. Sudden numbness or weakness on one side of the body
4. Sudden trouble walking, dizziness, loss of balance or coordination
5. Sudden trouble seeing in one or both eyes

STROKE

- ASK PERSON TO: REST
  - Raise upper Extremities (arms)
  - Smile
  - Tongue

CALL 911

Source: American Heart Association. Heartsaver First Aid with CPR & AED