**STUDENT HEALTH CENTER SERVICES**

The LAHC Student Health Center provides services to CURRENT STUDENTS ONLY. Faculty, staff, and the community may not be seen at the Health Center.

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Nurse Carole Stevenson RN, MSN, FNP-BC

**Basic Medical Care**

The LAHC Student Health Center is directed by a fully licensed and certified Family Nurse Practitioner who is dedicated to the college community. Our basic services include treatment of common medical problems, wound care, first aid, preventive care, health and psychiatric counseling, and laboratory services. You may receive general care by walking in or making an appointment. Some basic services are provided under the health fee paid at the time of registration for LAHC students. Other services such as prescription medication, lab tests, and immunizations have a fee.

**Physical Exams**

We provide physical exams for the following programs or events: LAHC School of Nursing, DMV, school transfers, employment, disabilities, Metro city bus pass, and sports. All physicals are done by a licensed and certified M.D. on Wednesdays from 10:00am – 12:00pm. A **preliminary visit** must be completed before a physical exam is scheduled.

**Laboratory Services**

The Student Health Center provides services such as full blood profiles, urinalyses, throat cultures, pregnancy testing, titers, and HIV testing. All lab tests are drawn on site by the Nurse Practitioner and sent to Quest Diagnostics for analysis. There is a fee for most lab tests.

**Immunizations**

The following is a list of immunizations we provide at our cost:

- Hepatitis A
- Hepatitis B
- TWINRIX Hepatitis A&B
- TDAP (Tetanus)
- Polio
- Inactivated Influenza (“Flu” Vaccine)
- H1N1 Inactivated Influenza (“Swine Flu” Vaccine)
- Mantoux TB test

Please visit our Immunizations page for more information on these vaccines. Other services can be provided **by referral** from the Nurse Practitioner.
Referrals

Dental Services
Annie Goh, D.D.S.
25897 Western Ave Suite 2, Lomita, CA  90717
(310) 530-0900

Medical Services
Christopher W. Traughber, M.D.
26516 Crenshaw Blvd, Palos Verdes Peninsula, CA  90274
(310) 541-7911

MENTAL HEALTH

Mental Health Urgent Care Center
6060 Paramount Blvd
Long Beach, CA
(562) 790-1860
Monday – Friday, 8:00 am – 7: 00 pm

Access Center
24 hour hotline
1 (800) 854-7771

Long Beach M.E.T Team (Mental Evaluation Team)
“911” ask for M.E.T.
Non-emergency 9562) 435-7195 Medical Services

Multi-Specialty Community Clinics
Total Care Medical Clinic
1110 W. Anaheim St. Suite 6, Wilmington, CA 90744
(310) 872-3560

Harbor Community Clinic (formerly San Pedro Free Clinic)
593 West 6th Street
San Pedro, Ca  90731
(310)547-0202

Wilmington Family Medicine
1325 Broad St.Wilmington, Ca  90744
(310) 518-8800

Vaccines, Immunizations, and STD Testing
Torrance Health Department
711 Del Amo Blvd,
Torrance, CA 90502
(310) 354-2300

**Confidentiality is strictly maintained at Student Health Services. No one (except for SHC staff) has access to, or can gain access to, your medical records without your written consent except as required by law.**