



Los Angeles Harbor College Associate in Arts in Kinesiology for Transfer (AA-T) Degree

The Associate in Arts in Kinesiology for Transfer (AA-T) Degree is intended for students planning to transfer into a Bachelor of Arts program in Kinesiology or related areas at a California State University (CSU); guaranteeing admission to the system (but not to a specific campus), and priority consideration for admission to the equivalent CSU program. Students should consult with a counselor when planning to complete the degree for more information on university admission and transfer requirements. This degree complies with The Student Transfer Achievement Reform Act (Senate Bill 1440).

Program Learning Outcomes: Upon successful completion of the program, students will be able to:

- demonstrate the principles and skills to develop a curriculum for the discipline of physical education.
- assess how National Mandates and Standards are needed to improve the physical education curriculum.
- compare the fields of recreation, dance and sport. Explain how sub disciplines or fragmentations of physical education relate to health.
- assess risk factors for stress, reproductive health, infectious diseases, major chronic diseases and personal safety.
- demonstrate that diversity of career and professional opportunities are available in school and non-school settings.

Academic Plan Code: H031028G

Degree Requirements: 60 CSU transferable units with a 2.0 GPA. Major courses must be passed with a grade of "C" or better. Full completion of CSU IGETC or CSU GE is required. *Complete additional CSU units, if needed, to reach 60 CSU transferable units.*

Required Core: Select 14 units (14 units):		C	IP	N
KIN MAJ 100	Introduction to Kinesiology (3)			
ANATOMY 001	Human Anatomy (4)			
PHYSIOL 001	Introduction to Human Physiology (4)			
Movement-Based Courses (3 unit Minimum): Select a maximum of 1 course from any 3 of the following areas:				
Area 2: Combatives				
KIN 217-1	Self Defense Skills 1 (1)			
KIN 217-2	Self Defense Skills 2 (1)			
Area 3: Dance				
DANCETQ 141	Modern Dance Techniques 1 (1)			
Area 4: Fitness				
KIN 010	Scientific Physical Fitness (1)			
KIN 048	Adaptive Aerobics (1)			
KIN 229-1	Body Conditioning I (1)			
KIN 229-2	Body Conditioning II (1)			
KIN 245-1	Body Dynamic Skills I (1)			
KIN 245-2	Body Dynamic Skills II (1)			
KIN 250-1	Weight Training Skills I (1)			
KIN 250-2	Weight Training Skills II (1)			
KIN 251-1	Yoga Skills I (1)			
KIN 251-2	Yoga Skills II (1)			
KIN 350-1	Weight Training I (1)			
KIN 350-2	Weight Training II (1)			
Area 5: Individual Sports				
KIN 272	Track and Field Skills (1)			
KIN 287-1	Basketball Skills I (1)			
KIN 287-2	Basketball Skills II (1)			
KIN 288-1	Flag/Touch Football I (1)			
KIN 291-1	Volleyball Skills I (1)			
KIN 291-2	Volleyball Skills II (1)			
Area 6: Team Sports				
KIN ATH 503	Intercollegiate Baseball (3)			
KIN ATH 504	Intercollegiate Basketball (3)			
KIN ATH 511	Intercollegiate Soccer (3)			
KIN ATH 512	Intercollegiate Softball (3)			
KIN ATH 516	Intercollegiate Volleyball (3)			
KIN ATH 557	Intercollegiate Baseball- Fitness & Skills (1)			
KIN ATH 558	Intercollegiate Soccer- Fitness & Skills (1)			

List A: Select two (6 units):		C	IP	N
MATH 227 OR	Statistics (4) OR			
STAT 001	Elementary Statistics for Social Sciences (3)			
CHEM 101	General Chemistry (5)			
PHYSICS 037	Physics for Engineers and Scientists 1 (5)			
HEALTH 012	Safety Education and First Aid (3)			

Total Units for the Major: 20-26

General Education: Full completion of GE required <input type="checkbox"/> CSU GE Breadth or <input type="checkbox"/> CSU IGETC (Area 1C required, Area 6A LOTE not required) Note: Major courses may be double counted towards general education.			
Completion of 60 Units			

Update 03/10/20 AO

C=completed

IP=in progress

N=need

Student Name

Student ID

Counselor Signature

Date



Associate Degrees for Transfer Frequently Asked Questions

What is an AA-T and AS-T Degree?

AA-T and AS-T are acronyms for Associate in Arts and Associate in Science degrees that are designed specifically for transfer to the **California State University System**. The degrees are the results of Senate Bill 1440, a transfer bill that required the California Community Colleges to offer associate degrees for transfer in many of the most popular majors, and for the CSU to provide priority admission to California Community College students who have earned an AA-T or AS-T degree. These degrees can be completed in 60 transferable semester units (or 90 quarter units) and include coursework in general education, major preparation and electives.

How are the AA-T and AS-T degrees different from the associate degrees that community colleges already offer?

Students completing an AA-T or AS-T degree receive priority admission to the CSU system. Students who have completed an AA-T or AS-T and are admitted to a **CSU major that has been deemed similar** are guaranteed admission at junior standing, and the opportunity to complete a baccalaureate degree with 60 additional semester (or 90 quarter) units. AA-T and AS-T degrees are recognized by both the California Community College and CSU systems as a measure of preparation and readiness for transfer to upper-division course work at the CSU. Students should check with a counselor to see if their major is deemed similar at the CSU campuses they plan to apply to.

What does it mean when you say “a degree with a guarantee”?

This program **guarantees** that students who earn an AA-T or AS-T degree from a California Community College will be admitted to a **California State University** campus. The campus you will be admitted to depends on several factors, such as the location of your community college, the program of study that a student intends to follow, and a student’s competitiveness for admission. The program also guarantees a student will enter the CSU system at junior standing, and only need to complete 60 additional semester units (or 90 quarter units) to earn a bachelor’s degree in a CSU program that has been deemed as similar.

What is the benefit of earning an AA-T or AS-T degree?

Besides the benefit of completing community college coursework with an associate degree in hand, this program also provides students with the necessary preparation to transfer to the CSU system and complete a baccalaureate degree. Students with an AA-T or AS-T degree receive admission priority and guaranteed admission with junior status to the CSU system, along with the ability to complete a baccalaureate degree with only 60 additional semester units (or 90 quarter units) in a degree program that has been deemed similar.

What are the requirements for earning an AA-T and AS-T degree?

Community college students should work with a counselor to develop an academic plan that includes the specific course requirements for their degree goals. In general, a student will be required to complete 60 transferable semester units (or 90 quarter units), which includes coursework in general education, major preparation and elective courses.

Do students need to apply for CSU certification if they earn an Associate Degree for Transfer?

Students who earn an Associate Degree for Transfer do not need to apply for certification. The degree requires full completion of the CSU GE or CSU IGETC pattern. *Completion of IGETC Area 1C Oral Communication is required **ONLY** if you are planning to transfer to a CSU campus.* Once the CSU campus receives a student’s final transcript with the AA-T or AS-T degree posted, they will automatically consider GE to be fully completed. CSU campuses will also check for completion of the U.S History Constitution and American Ideals requirement. If the requirement was not completed as part of CSU GE Area D or IGETC Area 4, students will still need to complete the requirement after transfer.

For more information go to www.adegreewithaguarantee.com or www.sb1440.org or www.Assist.org

Adapted from www.adegreewithaguarantee.com

L.A. HARBOR course	C-ID Descriptor #	L.A. HARBOR course	C-ID Descriptor #
ANATOMY 001	BIOL 110B	MATH 227	MATH 110
CHEM 101	CHEM 110	PHYSICS 037	PHYS 205
HEALTH 012	KIN 101	PHYSIOL 001	BIOL 120B
KIN MAJ 100	KIN 100	STAT 001	MATH 110